

## Superfood Quinoa Salad

### INGREDIENTS

- 2C sprouted quinoa, prepared according to directions on package (I used bone broth to sub water)
- 1-2C arugula, chopped
- 1/4C basil, chopped
- 1/4C dried cranberries (I like the apple juice sweetened ones from Natural Grocers)
- 1/3C walnuts, chopped
- 1/2 Fuji apple, diced
- 5-8 blackberries
- 1/2tsp sea salt
- 4TBS avocado oil
- Goats milk feta cheese
- Balsamic glaze

1. Cook quinoa according to directions on package, allow to cool completely.
2. Add quinoa to bowl and combine with other ingredients.
3. Add in sea salt and oil then combine well.
4. Top with feta cheese.
5. Drizzle with balsamic glaze.