

Greek Salad

INGREDIENTS

- 2 cucumbers, chopped
- 1 red onion, sliced and added to taste
- 2 green peppers, chopped
- 2-3 medium tomatoes, chopped
- Goats milk feta cheese to taste
- Kalamata olives to taste

Dressing

- 2TBS olive oil
- 2TBS avocado oil
- 1TBS hemp oil
- 2-4TBS bone broth
- Juice 1 lemon
- Zest 1 lemon
- Splash apple cider vinegar
- 1tsp sea salt
- 1/2 tsp black pepper
- 2-3TBS oregano

1. In a separate mixing bowl, combine all dressing ingredients and whisk well
2. Meantime, add chopped veggies and olives to large bowl then coat with dressing.
3. Transfer to serving dish and top with feta.